

Around SHG & Sports News – Winter/Spring 2011

Addendum to Summer 2011 Visions Newsletter

Congratulations to:

The SHG WYSE (Worldwide Youth in Science and Engineering) team on their 9th place finish at State. The team competed against 19 schools across the state with enrollments between 701-1500 students.

Congratulations! – Congratulations to the Science Olympiad team for their participation at the state tournament last Spring. Individual medalists were Sandy Chen, Michael Cho, Victoria Farris, Steven Grigsby, Wooree Ko, Allyson Padget, Lauren Resider, and Nico Scaduto.

Boys Basketball

Article by Coach John Angelo

This was the most enjoyable group of players I have ever had the pleasure of coaching. In the preseason coaches' poll, we were picked to come in sixth in our conference. We wound up finishing in second place and set a school record for conference wins, finishing at 19-8 overall, 12-4 in the conference.

Highlights of the season included:

- (1) Winning at Lincoln for the first time in school history
- (2) Getting 3rd at the Mater Dei Holiday Tournament
- (3) Finishing second in the Central State Conference, tied for our highest finish ever
- (4) Beating back-to-back State qualifier Champaign Centennial in overtime at the Prairie State Capitol Convention Center
- (5) Setting a school record by making 15 three-pointers in one game and making 203 three-pointer for the year

Jarrod Sergent and Austin Eagleton were named All-Conference, and deservedly so. Clint Sestak played a huge role for us after not playing in his sophomore and junior years. Alex Holmes was our floor general and was one of those rare players who made everybody around him better. Jake Williams was Mr. Hustle and one of the toughest players I have ever coached.

All of our players worked extremely hard and always put the team above any personal goals – I think that was a major reason why we were successful this year.

Coach Angelo took a new position at Rochester high school and SHG welcomes Blake Lucas as head boys basketball coach. Coach Lucas most recently served as SHG's assistant boys basketball under Angelo and head coach for Raymond Lincolnwood. Lucas, a 2002 SHG graduate, also played basketball for the Cyclones.

Boys Swimming and Diving Entries at the State Meet

Joe Stegeman, Senior placed 1st in the Cyclone diving invitational in 11-dive 1-meter. In the Sectional Meet Joe qualified for the state meet in the 1-meter diving. At the State event held at the Evanston High School, Joe tied for 26th place.

Ryan Held, Freshman is the State Journal-Register Central State Eight Boys Swimmer of the Year. He broke a 33-year old school record in the 100 freestyle at the City Meet. At the City Meet, Ryan won the 200 individual medley. During the Central State Eight Meet he won the medley again along with the 100 free style. At Sectionals Ryan replaced the IM with the 50 free style. He won it and so qualified for the state meet. At the State meet in the 50 freestyle he placed 26th. He was the only Freshman in the event and no SHG Freshman had reached state before. We look forward to big wins for Ryan.

HOCKEY

The SHG Cyclone Hockey team won the 2010-11 Lincoln Land High School Hockey Championship! SHG beat out Champaign 4-3 for the championship title. Head Coach, Joe Saucier, SHG class of 2003, scored the very first goal in SHG hockey history. Congratulations to the players, parents, Coach Saucier and assistant coaches Fred Coombe '75, Tim Lyons and Bishop Thomas John Paprocki on a successful season!

GIRLS BASKETBALL

The Sacred Heart-Griffin Girls Basketball team finished another successful season with a 19-8 record. In the last year as the Blazers, the girls were ranked in the Associated Press poll for the second year in a row. The girls started the season by winning the Chatham Thanksgiving Tournament and finishing 2nd at the State Farm Holiday Classic, each, for the second year in a row. Along the way, they had two last second wins over state ranked Champaign Centennial and CS8 rival Chatham Glenwood.