

THANK YOU! – Thank you, parents, for your wonderful generosity in the giving of your time, talent, and treasure for **TODAY'S** faculty/staff luncheon. As always, you overwhelmingly responded to our calls and emails. **THANK YOU**, again ... **THE COMMITTEE**

A FUN NIGHT OUT FOR PARENTS! – Get your tickets for the Black & Gold Mardi Gras on Saturday, February 11 at the NEWLY RENOVATED West Campus. Doors open at 7:00 p.m. and the cost is \$25 per person. Check out the live mice races, DJ, photo booth, cash bar, silent/live auction, and an AWESOME Cajun cuisine menu. MENU: chicken and andolle sausage jambalaya, New Orleans muffellata on locally baked French bread with olive spread, capocollo ham and provolone, blackened chicken legs, traditional New Orleans beef poor boy, thinly sliced beef in dark spicy gravy served with all the fixins, creole salad and party potatoes. It is going to be a fun event and everyone is invited. Please call 787-9732 to reserve your tickets.

ATTENTION PARENTS - Numerous outbreaks of pertussis (whooping cough) have occurred recently among school children in Illinois. Pertussis is easily transmitted through coughing and sneezing and may cause an illness that persists for weeks to months. Pertussis does not typically cause severe illness in healthy students, but can cause prolonged absences from school and extracurricular activities. In addition, pertussis can be transmitted from healthy students to infants and individuals with chronic illnesses, for whom pertussis can be life-threatening. Protection against pertussis begins to wear off during grade school. This leaves pre-teens, teenagers, and adults at risk for this illness. To address the increase in pertussis cases among older students, a booster vaccination (called Tdap) is recommended for all students in grades six through twelve. **This fall, students entering sixth and ninth grades will be REQUIRED to provide proof of Tdap vaccination along with the school physical forms that are also required for these grades.** Students in these grades without one of the following WILL be subject to exclusion: 1) proof of Tdap vaccination, 2) an **approved** medical or religious exemption on file with the school, and 3) an appointment to receive the Tdap shot during the school year.

Daily Announcements

Friday, February 3, 2012

Catholic Schools Week

Faith. Academics. Service

12:00 DISMISSAL

Today's Events

Faculty/Staff Appreciation Day ... Focus on Dominican Pillar of "Service"

Baseball Meeting (**12:15**, West Campus)

Boys Basketball vs Rochester (**7:30**)

Saturday's Events

Swimming/Diving Conference (Eisenhower Pool)

Boys Basketball at Taylorville (**6:30**)

Sunday's Events

Musical Rehearsal (**6:00-8:00 p.m.**, FULL CAST, choreography)

News

Congratulations! – Congratulations to Ms. Tammy Beck's home room as they won a pizza party for the most money per student brought in during the first Mostaccioli student collection. Who will win next Wednesday?

Congratulations! – Congratulations to Katy Johnson, winner of the Safe Driving Seatbelt Quiz raffle yesterday!

WYSE – WYSE members are reminded that permission slips are **DUE** to Mrs. Brayfield by the end of school **TODAY!**

SHG Baseball – All boys interested in trying out for the Baseball Team this upcoming spring need to attend a brief MANDATORY meeting **TODAY** at **12:15 p.m.** in the West Campus film room. This **INCLUDES** all those participating in a winter sport as well.

Valentines Day Carnations – The SHG Art Club will be selling “delivered Carnations on Valentines Day” to students, parents, and teachers. Book your order and fill out your card beginning **Monday (February 6)** through **Monday (February 13)** in the Commons. Carnations will be mixed colors (no preferences) with valentine tag and will be delivered second hour to recipients. Cost is \$1 per stem. Parents may email metzroth@shg.org for further information on placing an order.

Juniors/Seniors – The following colleges will send a representative next week:

Monday, Feb. 6 5th hour Benedictine University-Springfield

Tuesday, Feb. 7 3rd hour Lincoln College

If you are interested, please obtain a pass from Guidance at least one day in advance.

Volleyball Workouts – Volleyball winter workouts will begin **Tuesday, February 7** from **4:30-5:30** for any girl interested in playing, but is not in a winter sport. Workouts will continue every Tuesday and Thursday from 4:30-5:30. If you have any questions, please contact Coach Sams at 741-1522.

S.E.A. – S.E.A. will recycle **Wednesday, February 8** after school.

Seniors – The Business/Education Partnership of Sangamon County, in partnership with LLCC, Robert Morris, Benedictine, and UIS have a scholarship award that is offered every year to high school seniors in the LLCC District. The deadline for the scholarship has been extended to **Friday, February 10**. Stop by Guidance for details.

ACT Review Class – Sacred Heart-Griffin will offer a five week ACT review class for juniors planning to take the ACT this spring. The fee for this class is \$75 which includes an ACT preparatory book. Registration forms are available in Guidance, Junior Theology classrooms, or on the SHG website under Guidance. Registration forms are **DUE** by **Friday, February 10**.

France/Italy/Spain – There is still time left to register for the trip of a lifetime. If you are interested in travelling to Spain, France, and Italy this July, see Ms. Beck in Room 282 for details. For those who have already registered, we will have a meeting soon. Listen to the announcements for details.

Bowl for Kids Sake – If you are interested in participating in the Big Brother/Big Sister “Bowl for Kids Sake” fundraiser in early March, please see Mr. Seck in the Commons during lunch or see the yellow flier on the service bulletin board for more details.

Cafeteria Lunch Menu Week of January 30 – February 3

Salad Bar

Friday - **12:00 DISMISSAL**

See following pages for previous announcements!

THANK YOU! – Thank you, parents, for your wonderful generosity in giving of your time, talent, and treasure for tomorrow's faculty/staff luncheon. As always, you overwhelmingly responded to our call and emails and we now have everything we need for tomorrow. THANK YOU, again ... **THE COMMITTEE**

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Daily Announcements

Thursday, February 2, 2012

Catholic Schools Week

Faith. Academics. Service

Today's Events

Student Appreciation Day ... Focus on Dominican Pillar of "Study"

Freshman Focus

Key Club (#114)

Musical Rehearsal (3:05-5:00, FULL CAST)

Girls Basketball vs Rochester (7:30)

Tomorrow's "Before School" Events

Mass Celebrated (7:10 a.m., Chapel)

News

France/Italy/Spain – There is still time left to register for the trip of a lifetime. If you are interested in travelling to Spain, France, and Italy this July, see Ms. Beck in Room 282 for details. For those who have already registered, we will have a meeting soon. Listen to the announcements for details.

Reminder – Students attending St. John's mentoring program TODAY are to leave two minutes early.

Freshman Focus – Freshman Focus meets TODAY.

Karios 111 – Kairos 111 participants are reminded that field trip forms are DUE TODAY! Please turn them in to Mr. Seck at lunch or Campus Ministry.

Girls Kairos – Leader applications for the next girls Kairos are **DUE TODAY**.

Key Club – Key Club will meet TODAY after school in Mr. Wilson's room (#114).

Jeans Day – In appreciation of our students and their expression of school spirit and outstanding generosity for the food collection, tomorrow will be a **FREE Jeans Day**. Additional privileges include that you may wear sweat pants and/or wind pants. NO shorts ... NO jeggings!!! Shirts remain the same as a Jeans Day. It is also National Wear Red Day as part of American Heart Month if you wish to participate.

Mass Celebrated - Mass will be celebrated **tomorrow** morning before school at **7:10 a.m.** in our Chapel. Begin your day with God and community.

SHG Baseball – All boys interested in trying out for the Baseball Team this upcoming spring need to attend a brief MANDATORY meeting **tomorrow** at **12:15 p.m.** in the West Campus film room. This **includes** all those participating in a winter sport as well.

Valentines Day Carnations – The SHG Art Club will be selling “delivered Carnations on Valentines Day” to students, parents, and teachers. Book your order and fill out your card beginning **Monday (February 6)** through **Monday (February 13)** in the Commons. Carnations will be mixed colors (no preferences) with valentine tag and will be delivered second hour to recipients. Cost is \$1 per stem. Parents may email metzroth@shg.org for further information on placing an order.

Repeated News

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Tuesday, Feb. 7	3 rd hour	Lincoln College

If you are interested, please obtain a pass from Guidance at least one day in advance.

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ACT Review Class – Sacred Heart-Griffin will offer a five week ACT review class for juniors planning to take the ACT this spring. The fee for this class is \$75 which includes an ACT preparatory book. Registration forms are available in Guidance, Junior Theology classrooms, or on the SHG website under Guidance. Registration forms are **DUE** by **Friday, February 10**.

Bowl for Kids Sake – If you are interested in participating in the Big Brother/Big Sister “Bowl for Kids Sake” fundraiser in early March, please see Mr. Seck in the Commons during lunch or see the yellow flier on the service bulletin board for more details.

Cafeteria Lunch Menu Week of January 30 – February 3

Salad Bar

Thursday - Chicken

Friday - **12:00 DISMISSAL**

Catholic Schools

Faith. Academics. Service

Friday Faculty and Staff appreciation day ... Focus on Dominican pillar of “Service”

- Jeans Day! In appreciation of the students from the administration and faculty.
- Post student service information around the school.
- During English classes, the students would write a note of appreciation to a teacher or the faculty in general
- ½ day with appreciation lunch

See following pages for previous announcements!

Parents - We are asking all parents of SHG students to help us host a great faculty/staff appreciation lunch this **Friday, February 3**. We need all sorts of food (see below). We are asking you to call one of the people listed below to tell them what you will be sending Friday. We want to be sure to have enough. You may send the food with your students as early as 7:00 a.m. the morning of February 3.

Also, we are asking all students to write thank you/appreciation notes to their teachers and staff that they may know. They can use loose leaf paper or a card or whatever medium they wish. There will be a yellow collection box in the commons. Students may put them in an envelope or put the faculty/staff name on the outside. They will only be read by the person to whom they are addressed. A parent will distribute these via the teacher's mailbox on February 3 after 12:00.

Contact Jennifer Turley (725-1016) if you can help on Friday morning (February 3) with set up, serving, or clean-up between 7:00 a.m. and 1:45 p.m. We are counting on your generosity and support. Thank YOU for helping us say "THANK YOU." **The Committee**

Liz Finney (side dishes) - 546-3114 - finney.6@hotmail.com
Jennifer Turley (hot dishes) - 725-1016 - d.turley@mchsi.com
Claudia Connelly (sandwiches) - 836-0517 - cjconnelly@earthlink.net
Nancy Schrenk (desserts) - 414-2982 - nancyschrenk@att.net
Kathy Mosley (\$25 gift cards or cash) - 726-7147 - katherinemosley@comcast.net
Katie Weir (fruit or veggie trays) - 544-6706 - Katie.Weir@sbcglobal.net

Attention Parents - Numerous outbreaks of pertussis (whooping cough) have occurred recently among school children in Illinois. Pertussis is easily transmitted through coughing and sneezing and may cause an illness that persists for weeks to months. Pertussis does not typically cause severe illness in healthy students, but can cause prolonged absences from school and extracurricular activities. In addition, pertussis can be transmitted from healthy students to infants and individuals with chronic illnesses, for whom pertussis can be life-threatening. Protection against pertussis begins to wear off during grade school. This leaves pre-teens, teenagers, and adults at risk for this illness. To address the increase in pertussis cases among older students, a booster vaccination (called Tdap) is recommended for all students in grades six through twelve. **This fall, students entering sixth and ninth grades will be REQUIRED to provide proof of Tdap vaccination along with the school physical forms that are also required for these grades.** Students in these grades without one of the following WILL be subject to exclusion: 1) proof of Tdap vaccination, 2) an **approved** medical or religious exemption on file with the school, and 3) an appointment to receive the Tdap shot during the school year.

Daily Announcements

Wednesday, February 1, 2012

Catholic Schools Week

Faith. Academics. Service

Today's Events

SHG Community Appreciation Day (Past/Present) ... Focus on Dominican Pillar of "Community"

Mostaccioli Collection (Homerooms)

Service Fair (4th hour, Commons)

F.O.R. (Group Room)

Key Club Executive Board (#114)

Spanish Club (3:30, Casa Real)

Musical Rehearsal (6:00-8:00, FULL CAST)

Hockey vs Decatur (7:00, Senior Night)

Tomorrow's "Before School" Events

Science Olympiad MANDATORY Meeting (7:30 a.m., Room 221)

News

Mostaccioli Collection Day – **TODAY** is a Mostaccioli collection day in all homerooms. The homeroom with the most money collected per student will win a pizza party. **SELL, SELL, SELL!!!**

F.O.R. – Friends of Rachel meets **TODAY** after school in the group room.

Key Club Exec Board – Key Club Executive Board members are to meet **TODAY** after school in Room 114.

Spanish Club – The Spanish Club will meet **TODAY** at Casa Real on North Grand and Rutledge at **3:30**. Everyone is welcome!

Hockey Senior Night – **TONIGHT** is Senior Night for Hockey as the Cyclones will face off against Decatur at **7:00**. Come out and support your Cyclones as they honor Brady Dodd and Anthony Rocco.

Science Olympiad – All Science Olympiad members are to attend a MANDATORY meeting **tomorrow** morning at **7:30 a.m.** in Room 221. Many important things must be taken care of. Please be prompt and if you cannot attend, inform Mrs. Brayfield by the end of school **TODAY**. Failure to attend or speak with Mrs. Brayfield may result in you being dropped from the team!

Girls Kairos – Leader applications for the next girls Kairos are **DUE tomorrow**.

Key Club – Key Club will meet **tomorrow** after school in Mr. Wilson's room (#114).

SHG Baseball – All boys interested in trying out for the Baseball Team this upcoming spring need to attend a brief MANDATORY meeting this **Friday (February 3)** at **12:15 p.m.** in the West Campus film room. This **includes** all those participating in a winter sport as well.

Juniors/Seniors – The following colleges will send a representative next week:

Monday, Feb. 6	5 th hour	Benedictine University-Springfield
Tuesday, Feb. 7	3 rd hour	Lincoln College

If you are interested, please obtain a pass from Guidance at least one day in advance.

Repeated News

Volleyball Workouts – Volleyball winter workouts will begin **Tuesday, February 7** from **4:30-5:30** for any girl interested in playing, but is not in a winter sport. Workouts will continue every Tuesday and Thursday from 4:30-5:30. If you have any questions, please contact Coach Sams at 741-1522.

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Bowl for Kids Sake – If you are interested in participating in the Big Brother/Big Sister “Bowl for Kids Sake” fundraiser in early March, please see Mr. Seck in the Commons during lunch or see the yellow flier on the service bulletin board for more details.

Cafeteria Lunch Menu Week of January 30 – February 3

Salad Bar

Wednesday - Barbecue

Thursday - Chicken

Friday - **12:00 DISMISSAL**

Catholic Schools

Faith. Academics. Service

Thursday Student appreciation day ... Focus on Dominican pillar of “Study”

- Wacky/Silly hat day
- Free cookie for students

Friday Faculty and Staff appreciation day ... Focus on Dominican pillar of “Service”

- Jeans Day! In appreciation of the students from the administration and faculty.
- Post student service information around the school.
- During English classes, the students would write a note of appreciation to a teacher or the faculty in general
- ½ day with appreciation lunch

See following pages for previous announcements!

8th-Grade Meetings –**TONIGHT** is the last meeting time for 8th-grade students who took the SHG placement test to be able to meet with the Guidance Department to discuss their placement test results, register for classes, and receive other information. Meeting begins at **6:00 p.m.**

Parents - We are asking all parents of SHG students to help us host a great faculty/staff appreciation lunch this **Friday, February 3**. We need all sorts of food (see below) and \$25 gift cards or cash to give to each member of the faculty and staff. You may send the gift cards or cash to the main office **AS SOON AS POSSIBLE**. We are asking you to call one of the people listed below to tell them what you will be sending next Friday. We want to be sure to have enough. You may send the food with your students as early as 7:00 a.m. the morning of February 3.

Also, we are asking all students to write thank you/appreciation notes to their teachers and staff that they may know. They can use loose leaf paper or a card or whatever medium they wish. There will be a yellow collection box in the commons. Students may put them in an envelope or put the faculty/staff name on the outside. They will only be read by the person to whom they are addressed. A parent will distribute these via the teacher's mailbox on February 3 after 12:00.

Contact Jennifer Turley (725-1016) if you can help on Friday morning (February 3) with set up, serving, or clean-up between 7:00 a.m. and 1:45 p.m. We are counting on your generosity and support. Thank YOU for helping us say "THANK YOU." **The Committee**

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- Kathy Mosley (\$25 gift cards or cash) - 726-7147 - katherinemosley@comcast.net
- Katie Weir (fruit or veggie trays) - 544-6706 - Katie.Weir@sbcglobal.net

Daily Announcements

Tuesday, January 31, 2012

Catholic Schools Week

Faith. Academics. Service

Today's Events

Parent Appreciation Day ... *Focus on Dominican Pillar of "Prayer"*
Freshman Focus
F.I.R.E. (cafeteria)
Girls Basketball at Jacksonville (7:30)

Tomorrow's "Before School" Events

Detention (7:05 a.m., Room 213)
Our Lady of Nazareth Club (7:30 a.m., Room 182)

News

Congratulations! – Congratulations to Mary Regan and Jessica Frankowiak for winning honorable mentions in the Scholastic Art Awards and a special congrats to Ellen Wesley who won a Gold Key Award and will compete at the national level. Ellen also won the Mayor's award and a Dick Blick gift certificate award ... yea Ellen!

Freshman Focus – Freshman Focus meets **TODAY** and every **Tuesday** and **Thursday** this semester.

F.I.R.E. – F.I.R.E. meets **TODAY** after school in the cafeteria.

Kairos 111 – Kairos 111 candidates are reminded that there is a BRIEF meeting in the chapel **TODAY** after school. Please bring your completed field trip form.

Poms –Guy poms will begin **TODAY** from **4:30-6:30 p.m.** Sign up in the main office.

Mostaccioli Collection Day – **Tomorrow** is a Mostaccioli collection day in all homerooms. The homeroom with the most money collected per student will win a pizza party. **SELL, SELL, SELL!!!**

Detention – There will be detention before school **tomorrow** morning at **7:05 a.m.** in Room 213. Check your RenWeb page to see if you are scheduled to serve.

Our Lady of Nazareth Club – The Partners of Our Lady of Nazareth Club will meet **tomorrow** morning before school at **7:30 a.m.** in Mr. Bluhm’s classroom (#182).

F.O.R. – Friends of Rachel meets **tomorrow** after school in the group room.

Juniors/Seniors – The following colleges will send a representative this week and next:

Wednesday, Feb. 1	3 rd hour	Blackburn College
Monday, Feb. 6	5 th hour	Benedictine University-Springfield
Tuesday, Feb. 7	3 rd hour	Lincoln College

If you are interested, please obtain a pass from Guidance at least one day in advance.

Spanish Club – The Spanish Club will meet **tomorrow** at Casa Real on North Grand and Rutledge at **3:30**. Everyone is welcome!

Hockey Senior Night – **Tomorrow** is Senior Night for Hockey as the Cyclones will face off against Decatur at **7:00**. Come out and support your Cyclones as they honor the two seniors, Brady Dodd and Anthony Rocco.

Freshmen – SIU Medical School and District 186 have developed a program for incoming freshman called the Physician Pipeline Program. The curriculum was developed by faculty and staff from SIU and the Springfield School District. The after-school program includes a medical school-style curriculum, such as introduction to problem-based learning, tours and shadowing, and interaction with SIU students and faculty. If you are interested in being considered for this program, please stop by Guidance no later than **tomorrow**. One SHG freshman will be selected based on academic performance, community service, and student essay. Applications must be turned into Guidance by Friday morning, February 3. The program begins on Monday, February 6.

Repeated News

Volleyball Workouts – Volleyball winter workouts will begin **Tuesday, February 7** from **4:30-5:30** for any girl interested in playing, but is not in a winter sport. Workouts will continue every Tuesday and Thursday from 4:30-5:30. If you have any questions, please contact Coach Sams at 741-1522.

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Cafeteria Lunch Menu Week of January 30 – February 3

Salad Bar

Tuesday - Country Fried Steak Plate (w/ Corn & Mashed Potatoes)
Wednesday - Barbecue

Thursday - Chicken
Friday - **12:00 DISMISSAL**

Catholic Schools

Faith. Academics. Service

- Tuesday** **Parent appreciation day ...** *Focus on Dominican Pillar of “Prayer”*
- Begin each of the seven class periods with prayer over the PA system. Prayers written and read by OPTeen members
 - During English classes, the students would write a note of appreciation to their parents.
- Wednesday** **SHG Community appreciation day (past and present) ...** *Focus on Dominican pillar of “Community”*
- Wear uniform tops from your grade school, or borrow from your parent’s high school (i.e. Griffin or Sacred Heart Academy.) Wear a t-shirt or sweatshirt from one of your SHG activities. No caps. Students must be in SHG daily dress code from the waist down (that includes shoes).
 - Service Fair in commons at lunch (JOSHUA kickoff, Mostaccioli sign-up, Big Brother/Big Sister Bowl for Kids Sake, American Cancer Society)
- Thursday** **Student appreciation day ...** *Focus on Dominican pillar of “Study”*
- Wacky/Silly hat day
 - Free cookie for students
- Friday** **Faculty and Staff appreciation day ...** *Focus on Dominican pillar of “Service”*
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Daily Announcements

Monday, January 30, 2012

Catholic Schools Week

Faith. Academics. Service

Today's Events

All School Mass (**1:00**, with Bishop Paprocki)

Tomorrow's "Before School" Events

Sophomore Class Officers (**7:45 a.m.**, Room 4)

News

Thank You! – We at St. Martin DePorres Center would like to express our appreciation. It is wonderful to see students get behind a good cause. A great deal of hard work went in to collecting and transporting all the food. All the students that helped load, unload, and stock all the boxes of food were really impressive. We are very grateful ... signed Mark Tolan, Co-administrator.

SMTD Bus Passes –The SMTD is raising their bus fare ... bus passes will now be \$20.

OPTeen – OPTeen will meet **TODAY** after school. We will be putting things away after mass.

Sophomore Class Officers – Sophomore Class Officers are to meet with Mrs. Schafts in Room 4 before school **tomorrow** morning at **7:45 a.m.** to discuss decorating for the Family Dance in February. If you cannot attend, please see Mrs. Schafts in Room 4.

F.I.R.E. – F.I.R.E. meets **tomorrow** after school in the cafeteria.

Poms –Guy poms will begin **tomorrow** from **4:30-6:30 p.m.** Sign up in the main office.

Seniors – Have you submitted an essay in this year’s WUIS *This I Believe* program? The submission deadline is **tomorrow**. Ten essays will be chosen to receive \$100 scholarships and the authors will record their essays to be aired on WUIS. See your English teacher for details OR see the bulletin board in the Theology wing.

Our Lady of Nazareth Club – The Our Lady of Nazareth Club will meet this **Wednesday (February 1)** before school at **7:30 a.m.** in Mr. Bluhm’s classroom (#182).

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Spanish Club – The Spanish Club will meet next **Wednesday (February 1)** at Casa Real on North Grand and Rutledge at **3:30**. Everyone is welcome!

Hockey Senior Night – This **Wednesday (February 1)** is Senior Night for Hockey as the Cyclones will face off against Decatur at **7:00**. Come out and support your Cyclones as they honor the two seniors, Brady Dodd and Anthony Rocco.

Freshmen – SIU Medical School and District 186 have developed a program for incoming freshman called the Physician Pipeline Program. The curriculum was developed by faculty and staff from SIU and the Springfield School District. The after-school program includes a medical school-style curriculum, such as introduction to problem-based learning, tours and shadowing, and interaction with SIU students and faculty. If you are interested in being considered for this program, please stop by Guidance no later than **Wednesday (February 1)**. One SHG freshman will be selected based on academic performance, community service, and student essay. Applications must be turned into Guidance by Friday morning, February 3. The program begins on Monday, February 6.

Volleyball Workouts – Volleyball winter workouts will begin **Tuesday, February 7** from **4:30-5:30** for any girl interested in playing, but is not in a winter sport. Workouts will continue every Tuesday and Thursday from 4:30-5:30. If you have any questions, please contact Coach Sams at 741-1522.

Seniors – The Business/Education Partnership of Sangamon County, in partnership with LLCC, Robert Morris, Benedictine, and UIS have a scholarship award that is offered every year to high school seniors in the LLCC District. The deadline for the scholarship has been extended to **Friday, February 10**. Stop by Guidance for details.

ACT Review Class – Sacred Heart-Griffin will offer a five week ACT review class for juniors planning to take the ACT this spring. The fee for this class is \$75 which includes an ACT preparatory book. Registration forms are available in Guidance, Junior Theology classrooms, or on the SHG website under Guidance. Registration forms are **DUE by Friday, February 10**.

Bowl for Kids Sake – If you are interested in participating in the Big Brother/Big Sister “Bowl for Kids Sake” fundraiser in early March, please see Mr. Seck in the Commons during lunch or see the yellow flier on the service bulletin board for more details.

Cafeteria Lunch Menu Week of January 30 – February 3

Salad Bar

Monday	- Ribs or Macaroni & Cheese
Tuesday	- Country Fried Steak Plate (w/ Corn & Mashed Potatoes)
Wednesday	- Barbecue
Thursday	- Chicken
Friday	- 12:00 DISMISSAL

Catholic Schools

Faith. Academics. Service

- Tuesday** **Parent appreciation day ...** *Focus on Dominican Pillar of “Prayer”*
- Begin each of the seven class periods with prayer over the PA system. Prayers written and read by OPTeen members
 - During English classes, the students would write a note of appreciation to their parents.
- Wednesday** **SHG Community appreciation day (past and present) ...** *Focus on Dominican pillar of “Community”*
- Wear uniform tops from your grade school, or borrow from your parent’s high school (i.e. Griffin or Sacred Heart Academy.) Wear a t-shirt or sweatshirt from one of your SHG activities. No caps. Students must be in SHG daily dress code from the waist down (that includes shoes).
 - Service Fair in commons at lunch (JOSHUA kickoff, Mostaccioli sign-up for Thursday/Friday before Mostaccioli, Big Brother/Big Sister Bowl for Kids Sake)
- Thursday** **Student appreciation day ...** *Focus on Dominican pillar of “Study”*
- Wacky/Silly hat day
 - Free cookie for students
- Friday** **Faculty and Staff appreciation day ...** *Focus on Dominican pillar of “Service”*
- Jeans Day! In appreciation of the students from the administration and faculty.
 - Post student service information around the school.
 - During English classes, the students would write a note of appreciation to a teacher or the faculty in general
 - ½ day with appreciation lunch