

Return to Learn Protocols

- School receives confirmation from parent (or temporary from medical personnel/trainer) that student has suffered a concussion
- Administration and student's counselor are notified
- Counselor notifies student's teachers, Principal, and Assistant Principal as to the accommodations for the student (counselors may need to determine accommodations if not listed). Counselor documents dates, accommodations, and communications.
- After student receives their medical release, guidance and/or administration may continue to require accommodations on an as needed basis.

1. No School (Stay Home)

Discourage texting, video gaming, watching TV, using phone, listening to music with headphones
No homework or computer use
Cognitive "shut-down"
Use darkened, quiet room

2. Limited School Attendance

Maximum Accommodations

Able to tolerate up to 30 minutes of mental exertion

Limited/partial class attendance; no PE
Periodic rest breaks away from class in quiet area
Allow to lay head down at desk
Limit/modify academic classwork
No major/standardized testing
Provide extra help; peer note taking
"Clear desk" and listen
Extra time for quizzes in a quiet area
Extra time for assignment; modify assignment
Minimal or no homework

3. Full Day Attendance (Limited Class Attendance)

Able to tolerate up to 45 minutes of mental exertion

Moderate Accommodations

No PE
Limit class attendance in academically challenged classes
No Major/standardized testing; modified testing
Test periods in classroom as needed
Extra time for assignments, quizzes as needed
Limited homework, i.e. less than 30 minutes

4. Full Class Attendance

Able to tolerate up to 60 minutes of mental exertion

No PE
Increase return to normal class workload
Begin working on missed work/assignments
Moderate homework, i.e. less than 60 minutes

5. Full Academics

No accommodations

Resume normal homework assignments
Identify essential content and assignments to makeup
Develop realistic timeline for completing assignments
Re-Evaluate weekly until assignments are completed

